



# Sample Menu



## Sunday

### *Breakfast*

Fresh fruit  
Hot/cold cereal  
Eggs any style  
Bacon or sausage  
Toast and jelly

Assorted juices, milk  
tea, coffee

### *Lunch & dinner*

Salad bar  
Finger steaks  
Egg salad sandwich  
Tuna casserole  
Potato wedges  
Broccoli

### *Dessert*

Ice cream  
Chocolate cake

### *Daily Specials~*

Cheeseburger  
Hamburger  
Ham or turkey sandwich  
Grilled cheese  
BLT

## Monday

### *Breakfast*

Fresh fruit  
Hot/cold cereal  
Blueberry pancakes  
Bacon or sausage  
Syrup and butter

Assorted juices, milk,  
tea, coffee

### *Lunch & dinner*

Salad bar  
Chicken fried steak  
Polish sausage/kraut  
Chicken salad sandwich  
Mashed potato/gravy  
Green beans

### *Dessert*

Ice cream  
Zucchini bread

potato or macaroni salad  
fresh fruit  
salad bar

## Tuesday

### *Breakfast*

Fresh fruit  
Hot/ cold cereal  
Eggs any style  
Bacon or sausage  
Toast and jelly

Assorted juices, milk,  
tea, coffee

### *Lunch & dinner*

Salad bar  
Spaghetti & meat sauce  
Malibu chicken  
Tuna salad sandwich  
Garlic bread  
Italian vegetables

### *Dessert*

Ice cream  
Cheese cake

## Wednesday

### *Breakfast*

Fresh fruit  
Hot/cold cereal  
Ham and cheese omelet  
Bacon or sausage  
Obrien potatoes

Assorted juices, milk,  
tea, coffee

### *Lunch & dinner*

Salad bar  
Chicken dumplings  
Ham salad sandwich  
Corned beef  
Boiled red potatoes  
Cabbage

### *Dessert*

Ice cream  
Carrot cake

## Thursday

### *Breakfast*

Fresh fruit  
Hot/cold cereal  
French toast  
Bacon or sausage  
Syrup and butter

Assorted juices, milk,  
tea, coffee

### *Lunch & dinner*

Salad bar  
Veal marinara  
Turkey roast  
Chicken ranch salad  
Fettuccine noodles  
Squash

### *Dessert*

Ice cream  
Coconut cream pie

## Friday

### *Breakfast*

Fresh fruit  
Hot/cold cereal  
Eggs any style  
Bacon or sausage  
Bran muffin

Assorted juices, milk,  
tea, coffee

### *Lunch & dinner*

Salad bar  
Clam chowder  
Poached salmon  
Soft taco bake  
Turkey salad sandwich  
Rice pilaf

### *Dessert*

Ice cream  
cookie

## Saturday

### *Breakfast*

Fresh fruit  
Hot/cold cereal  
Biscuits and gravy  
Bacon or sausage  
Toast and jelly

Assorted juices, milk,  
tea, coffee

### *Lunch & dinner*

Salad bar  
Ham steak & pineapple  
Hot dog  
BBQ chicken  
Baked beans  
Corn

### *Dessert*

Ice cream  
Cherry crisp